



Bullying

Grade Level: Foundational Lesson Plan Timeframe: 1-2 Days Topic: How to stop bullying
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Overview & Purpose Students will learn the different types of bullying that occur, the consequences of bullying on the victim and perpetrator and identify ways they can put a stop to bullying.	FCCLA National Program(s) STOP the Violence STAR Events
Idaho Standards EFCS 1.4, 1.5, 2.3, 2.5, 2.6 HS 4.1 TL 3.0 TLC 3.0 YL 1.0, 2.0 FHW 3.0 AL 1.0, 2.0, 3.0, 4.0 PCD 5.1, 5.2 L 1.3 National FACS Standards 1.0 2.0 4.0 6.0 12.0 13.0 15.0	Programs of study Teen Living Adult Living Parenting and Child Development

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Students will identify the types of bullying that occur. Students will explore the consequences associated with bullying. Students will identify ways that they can stop bullying.
Materials Needed	<ul style="list-style-type: none"> • Paper • Pencil • Computer with internet
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Ask students- how many of you have witnessed someone being bullied? What did you do about it? Why? Discuss Brainstorm with the students acts of bullying. How many times in the past year have they seen these types of bullying behavior at school?

Activity 1 (Describe the independent activity to reinforce this lesson)	Draw a chart on the board with one column being the act of violence and the succeeding columns being the rate of frequency. Example: Never, Once, A Few Times, Many Times . Students can either copy the chart or you could do it together with the students where they tick off the appropriate columns. Encourage discussion. Do the students think that bullying is a problem in school?
Activity 2 (Describe the independent activity to reinforce this lesson)	Have students identify consequences associated with bullying for both the victim and the perpetrator. Discuss Discuss ways that students can stop bullying when they see it taking place. Ask for their ideas and give them your adult perspective as well.
Activity 3 (Describe the independent activity to reinforce this lesson)	Have students create an ANTI- Bullying pamphlet complete with <ul style="list-style-type: none"> • Types of bullying • Signs you are being bullied • Consequences • Actions for victims to take to stop bullying • Bystander actions for bullying prevention
Assessment	Student discussion Pamphlets
Summary/Evaluation (Assign Homework, or Reflect on the Outcomes)	1 page paper on what you plan to do to stop bullying in your school.
Other Resources	http://www.educationworld.com/a_lesson/lesson/lesson191.shtml http://www.stopbullyingnow.hrsa.gov/kids/
Additional Notes	Extension activity- present pamphlet to students in younger grades
Source (If Applicable : cite any published or copyrighted materials used in this lesson plan)	National Spotlight Project

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